



Dr Ruibin Zhang

Associate Professor

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Biography

Dr Ruibin Zhang is an Associate Professor at the Department of Psychology, Southern Medical University, where he has established a laboratory with the aim of understanding the psychopathology of depression, specifically focusing on examining ruminative thinking, positive mood experience, and belief updating from a cognitive control perspective. Dr Zhang's research team employs various methods such as behavior analysis, imaging techniques, and biological assessments to investigate these areas. Their ultimate goal is to utilise evidence-based knowledge to develop effective strategies for promoting mental health.