



Professor Mary Brinton

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Biography

Mary Brinton is Reischauer Institute Professor of Sociology at Harvard University. She has written widely about gender inequality in East Asia, especially Japan. More recently her work has focused on how gender ideology, labor market structure, and social policies in postindustrial societies jointly influence family formation. In 2022 she published the book 縛られる日本人: 人口減少をもたらす「規範」を打ち破れるか (Japan Tied Up in Knots: Can the Norms Leading to Population Decline Be Broken? Publisher: Chūō Kōron Shinsha). This work is targeted towards a broad audience including the general public and government and business leaders, and aims to highlight the influence of persistent gender inequality on demographic outcomes.